

A12 Mental health

Nickname..... Member ID.....

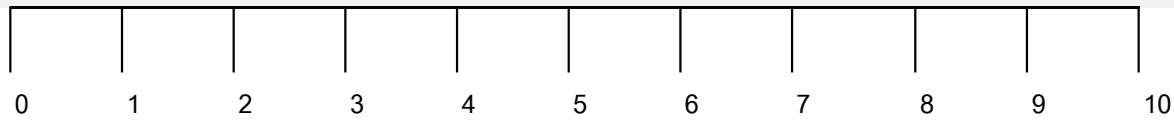
A) Mental health

nickname

memberID

A: Life Satisfaction

Up until now, at what level are you satisfied with your life? (Not at all is 0 and most satisfied is 10) Circle the numbers



a12_a

Not satisfied at all

Most satisfied

B) Malaise (from SF36, ST5 of MoPH)

In the past month, how often do you have this feeling?

1) every day 3) Almost every day 5) Sometimes, but not often 7) Not at all or only 1 time

Type 1: Unable to sleep well Type 2: Unable to concentrate Type 3: Irritated, restless, overthinking

a12_b1

a12_b2

a12_b3

Type 4: Bored Type 5: No desire to meet people, neighbors

a12_b4

a12_b5