

A12 Mental health

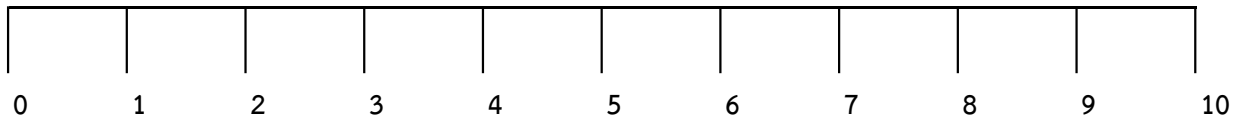
Nickname.....

Member ID.....

A) Mental health

A: Life Satisfaction

Think about your life in the past and then rate how much you have been satisfied with your life (not satisfied at all is equal to 0 and very satisfied is equal to 10). Circle around the number



Not satisfied

Very satisfied

a12_a

B) Malaise (from SF36, ST5 of MoPH)

In the past month, how often did you feel in the following ways?

1) everyday 3) almost everyday 5) sometimes but not often 7) once or never felt this way in the past month

First: could not sleep a12_b1

Fourth: bored a12_b4

Second: could not concentrate/distracted a12_b2

Fifth: did not want to meet people/neighbor a12_b5

Third: irritated, anxious and over thinking a12_b3